

We sell Home Birth Supplies kits for our clients planning home births. All of the essential disposable supplies are included. You will just need to gather up the towels, facecloths, sheets and receiving blankets. And a plastic sheet (inexpensive shower curtain) to protect your bed.

WestCoast Midwives Home Birth Essentials Kit - \$20.00

2 large plastic bags (garbage and laundry)
1 pkg of maternity maxi pads
1 perineal bottle
1 disposable cold pack
18 disposable underpads (17" X 24")
8 disposable underpads (23" X 36")
1 baby hat
2 packs of lap sponges (12" X 12")